

Self Harm Awareness Training

For Parents & Carers



Learning outcomes:

- Support someone who self harm with evidence based brief interventions
 - Recognise the importance of caregiver self care and wellbeing
 - Identify support services
 - Understand the importance of recovery
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- Understand self harm and who is affected
 - Identify factors that lead to self harm
 - Reduce stigma
 - Understand the wider impact on caregivers
 - Develop confidence in responding to disclosures

Date	Time	Venue
Friday 3rd March 2023	10am – 2pm	Central Children's Centre, Ferham Road, Rotherham S61 1AP

To book a place please email

Learning-development@rotherham.gov.uk with your name, date of birth and your email address

This training is Suitable for parents and carers, regardless of prior experience, who may be supporting a loved one who is self harming. This training is appropriate for parents, carers and family who would like to know more about self harm and how to support a loved one.

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